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The Town Manager's Corner

Steven R. Werbner, Town Manager

The Town of Tolland remains cognizant of the continued economic difficulties which continue to impact Connecticut and its residents. At the same time we have been able to undertake a number of projects utilizing innovative financing and available grant opportunities.

Public Works has been extremely active with their road paving work using bond funds approved by the public several years ago. Over the next five years a vast majority of Tolland's roads will have been improved including the replacement of catch basins. In addition the State has made a considerable investment in repaving State roads in town and over the next several years will be making improvements around the Tolland Green and currently in the area of Exit 68 leading to the Rhodes Road intersection. We have also in conjunction with CL&P embarked on a multi-year program to eliminate most of the branches overhanging our roads which should reduce power outages during storm events. Over the last several years the Town has been making major inroads in making our buildings more energy efficient. We have completed the HVAC/Geothermal Project at Town Hall and are just completing a \$10.2 million Energy Management Project through Honeywell Corporation. The project will be paid for over twenty years with guaranteed savings resulting from energy improvements.

The vast majority of improvements are at school facilities. We are in the construction phase for Library improvements and will start construction December of 2015.

We will very shortly once again be into budget season. I am providing for your reference the current budget schedule. Information on the budget process is also posted on the Town's web page. I wish you all the best in the upcoming holiday season.

Targeted Timelines

October 22, 2015	Capital Improvement Plan data for Dept. Heads and Boards & Commissions submitted to Manager
Month of November	Capital Budget Review Meetings
Week of Dec. 14, 2015	Manager submits Capital Improvement Plan to Council
January 7, 2016	Department Heads submit Budget to Manager
February 11, 2016	Board of Education submit Budget to Manager

continued on page 3



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From the Publisher

Essex Printing and Events Magazines welcome the town of Tolland to our list of cities and towns that generate Events Magazines. The addition of Tolland brings the total number of municipalities partnering with Essex Printing to produce Events Magazines to 18. Over 1.2 million readers now enjoy receiving their local town news delivered directly to their homes and businesses.

For the past 20 years we have become a trusted source of information for our partners along the Shoreline, CT River Valley, Greater New Haven and Tolland County. Events Magazines has established itself as "Connecticut's Leading Source" for local town news including notes from the Town Manager, city departments, park & recreation, upcoming community and social events and important happenings that affect everyone in the community.

Each Events Magazine brings tremendous value to town residents as well as our advertisers. There is no other vehicle that reaches everyone in town and provides the local information each resident may be seeking. We encourage our readers to support our advertisers and be sure to tell them you saw their ad in Tolland Events!

We are excited and happy to be adding Tolland to our Events Magazine family.

Sincerely,
William McMinn
Owner & Publisher, Essex Printing & Events Magazines

Town Manager ... continued from page 1

Within 10 days of BOE Submitting Budget to Mgr.	Council Discussion – Recommendations & Suggestions to BOE regarding consolidation of non-education services and cost savings 10 days from date of receiving BOE Budget per State Statutes (Public Act 13-60) – Council Chambers - 7:30 pm	March 23, 2016	Public Hearing on Manager’s Recommended Budget: Board of Education, Town Government, Capital Improvement Plan– TMS Auditorium – 7:30 pm
February 18, 2016	Capital Budget Public Hearing – Council Chambers – 7:30 pm	March 29, 2016	Council Discussion–Budget Finalized–Council Chambers – 7:30 pm
March 1, 2016	Manager convenes joint meeting between Council and Board of Education–Council Chambers – 7:00 pm	April 7, 2016	Advertise Budget
March 10, 2016	Manager submits Budget to Council	April 21, 2016	Annual Budget Presentation Meeting – THS Auditorium – 7:30 pm– BOE is provided an opportunity to present a revised adopted budget based on funding approved by Town Council and other line item updates
March 10, 2016	Advertise Public Hearing	April 25, 2016	Budget Presentation– Senior Center – 12:30 pm
March 10, 2016	Mgr. discusses Budget with Council– Council Chambers – 7:00 pm	May 3, 2016	Annual Budget Referendum
March 16, 2016	Mgr. discusses Budget w/Council– Council Chambers – 7:00 pm	By May 10, 2016	Council Establish Mill Rate upon referendum adoption
March 17, 2016	Mgr. discusses Budget w/Council– Council Chambers – 7:00 pm		Residents can refer to the Town’s website at www.tolland.org for copies of budget related documents and other information.

Recycling

Town Sponsored Metal/Bulky Waste Pick-up

The next Town sponsored (no charge) metal/bulky waste pick-up will be April 2016 (week of April 4th). To schedule your bulky waste pick-up please call (800) 286-5335 or (860) 423-4527 or go to www.williwaste.com, click on “Tolland Residents Only” fill out the required information and submit.

Remember, you must schedule at least 4 days in advance of your normal pick-up day. For a complete list of acceptable items please visit us on the web at <http://www.tolland.org/solid-waste-recycling/>. Reservations are required for all bulky waste pick-ups.

Tolland Launches New Website

On September 29, 2015 Tolland’s new website made its debut. We hope you have had a chance to check it out at www.tolland.org. If you haven’t done so already please sign up for Tolland Notifications to receive news & announcements and urgent alerts by email as this has replaced our previous E-blast System. Please feel free to contact us at 860-871-3600 if you have any questions.

The Economic Development Commission Presents OurTolland.org

OurTolland.org is a new website where community meets technology. It is the official website for discovering all that makes Tolland, CT great; such as events to attend, people to meet, and places to go. This is Our Tolland!

Tolland High School Athletics



The THS Girls Cross Country team finished their Conference with a record of 10-0, undefeated. They won the North-white division with a score of 19, Katherine DeLoreto placed 1st, Hayley Collins 2nd, Michaela Caron 4th, Caitlin Swanson 5th, Sidney Perryman 7th, Brea Campise 19th and Kaitlyn Bedard 20th.. These were the top 7 racing post season. Other runners earning Varsity letters were Mackenzie Anderson, Katie Candels, Kenna Hurtuk and Marissa Paolangeli.

All Conference and All State honors were Katherine DeLoreto, Hayley Collins, Caitlin Swanson, Michaela Caron, and Sidney Perryman. All New England honors went to Katherine DeLoreto, Caitlin Swanson, and Hayley Collins.



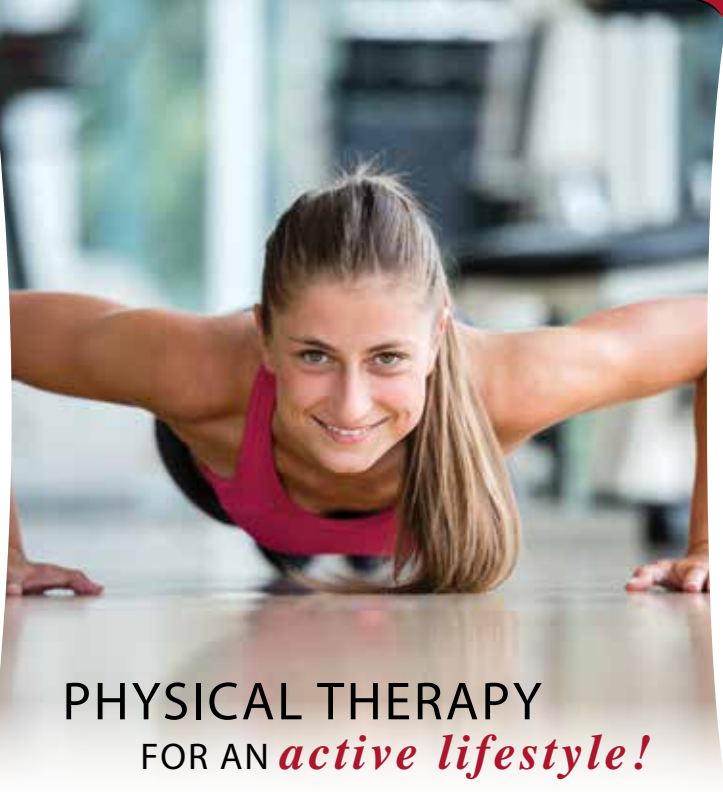
The THS Boys Soccer team earned its 2nd ever state Championship with a 2-1 victory over Bacon Academy in the Class M title game on November 21st. Senior captain Mike Zimmerman scored the game winner with just over 6 minutes left in the match off a feed from Griffin Kopsick. Tolland opened the scoring as Nick Tantillo converted a Tommy Leahy corner kick for a 1-0 lead in the first half. Bacon tied the match in the first minute of the 2nd half to set up Zimmerman's game winner. Tolland advanced to the title game with a thrilling penalty kick victory over top seeded Lewis Mills after a 0-0 tie. Junior GK Kyle Boutot was fabulous in net, saving two Lewis Mills spot kicks.



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■ OUR PHYSICIANS



DANIEL M. VELTRI, M.D.

Board Certified in Orthopedics with Subspecialty Certificate in Orthopedic Sports Medicine

- Assistant Team Physician - New York Giants, 1992-93
- Active Triathlete, Ironman Competitor
- Football Team Physician - South Windsor, Tolland, Coventry, E.O. Smith, East Catholic, Manchester and East Hartford High Schools



LANCELOT MORGAN, PA-C

Board Certified in Orthopedics

Physician Assistant who conducts medical exams, diagnoses and treats illnesses, orders and interprets tests and assists in surgery

■ OUR SERVICES

- Injury Evaluation, Treatment and Prevention Plans
- Arthroscopic Surgery, Fracture Care/Surgery
- Joint Care for Injuries, Inflammation and Arthritis
- Sports Medicine for All Activities
- Shoulder & Knee Ligament Surgery

WHAT OUR PATIENTS SAY...

"Dr. Veltri performed an ACL replacement on my knee. He and his staff are very friendly and courteous. Their professionalism, along with multiple successful referrals helped put my mind at ease throughout the preparation and recovery periods. I am looking forward to playing soccer again!" - John T., Ellington

"Dr. Veltri repaired the bicep tendon and rotator cuff in my left shoulder, and after a few weeks I could lift my arm better than before my injury. The Surgical Center also took great care of me." - John W., Tolland

"Lance knew exactly what to do for the compression fracture in my back and I was able to get back to basketball a lot sooner than I ever expected" - Erin H, Ellington

■ OUR LOCATIONS

Now Accepting New Patients at Both Locations



360 Tolland Turnpike Suite 3C, Manchester CT • Star Hill Family Athletic Center, 100 Gerber Drive Suite 2A, Tolland CT

Tolland Recreation Department

CONTACT INFORMATION

104 Old Post Road
Office: 860-871-3610
Fax: 860-870-6876
Info-line 860-871-3625

RECREATION STAFF

Director: Bruce Watt
bwatt@tolland.org
Administrative Assistant:
Kim Grimes
kgrimes@tolland.org

RECREATION BOARD

Jeff Maron, Chairman
Larry Gramling
Ray Milvae
David Boland

OFFICE HOURS

Mon – Wed: 8:00 am – 4:30 pm
Thurs: 8:00 am – 7:30 pm
Friday: CLOSED

MAILING ADDRESS

21 Tolland Green, Tolland, CT 06084
Registration Website: www.tollandrec.org
Email: tollandrec@tolland.org

REGISTRATION BEGINS ON - MONDAY, JANUARY 4, 2016

Please visit our registration site at www.tollandrec.com

Recreation News

A note from the Recreation Director, Bruce Watt

Hi Everyone,

When we participate in recreation programs, we improve our health and wellness, reduce stress and increase our self-esteem. Socially recreation services help families build strong bonds and promote community pride. Environmentally, neighborhood parks contribute to clean air and community livability. The programs, services, events and opportunities that the recreation department provides, positively impacts our community and society in so many ways.

Our department is excited to introduce its new registration software. You can now view and register for programs at www.tollandrec.com. We hope you find the site to be more user friendly and easier to register for our programs.

The Tolland Recreation Department has a lot of wonderful programs and special events happening this upcoming season. We offer something for every age group. Browse your way around our newsletter to find an activity to match your interests. If you don't see a program you would like, just let us know and if possible we can organize it.

Hope to see you this winter!

Bruce Watt

Director of Recreation, Town of Tolland

GENERAL INFORMATION

INSURANCE

All persons participating in Recreation programs should carry their own personal health insurance. The Town of Tolland is not responsible for personal injuries. Participants in all Department sponsored programs do so at their own risk.

ADA

The Town of Tolland does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in provision

of programs and services. We are committed to assuring equal access to programs, activities, and services to all individuals. If you or a family member needs special assistance, please let us know when you register.

PARTICIPATION

Only those enrolled in the program may attend. Sorry, children will not be allowed in the class room or gym during adult programs and siblings must remain seated and not disturb youth classes.

AGE REQUIREMENT

To participate, children must meet minimum age before the class starts.

INCLEMENT WEATHER

Program cancellations due to inclement weather are announced on our information line (860-871-3625) and are broadcast on Channel 3's Early Warning Announcements.

SCHOLARSHIP PROGRAMS

It is our policy that residents of the Town of Tolland who cannot afford to participate in programs or activities can make confidential inquiries for assistance to the Recreation Director.

REGISTRATION INFORMATION

MAIL-IN

Registrations are accepted on a first come/first serve basis. A registration form is available at TollandRec.com. Mail your completed form with separate checks for each program to:
Tolland Recreation Department
21 Tolland Green, Tolland, CT 06084

Consider yourself registered if you do not hear from us. Include your email address or a self-addressed, stamped envelope with registration if you would like a copy of your receipt.

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Recreation ... continued from page 7

ON-LINE (www.tollandrec.com)

Town Website – www.tolland.org

Participants registering on-line will be confirmed on-line. Not all classes can be registered for on-line; however you may view all classes.

FAX-IN 860-870-6876

INFORMATION

Be sure to complete all information when registering.

CLASSES

We reserve the right to limit class size and to cancel classes failing to meet minimum requirements. Tolland residents are given preference for all programs during 1st week of registration.

PAYMENT

Registration is not considered valid until the program fee is paid. We accept cash, checks, Discover Card, Visa or MasterCard.

REFUNDS

Programs less than \$15.00 receive an account credit. Refunds are given only prior to the start of classes or if we cancel the program. Requests for refunds must be in writing and are subject to an \$8.00 processing fee.

TRIP CANCELLATION

You will be refunded only if the spot can be filled. Requests for refunds must be in writing and are subject to an \$8.00 processing fee.

PROGRAM LOCATIONS

Birch Grove School
247 Rhodes Rd, Tolland, CT

Crandall Park
64 Cider Mill Rd, Tolland, CT

Skungamung River Golf Course
114 Folly Ln, Coventry, CT

Tolland Intermediate School (TIS)
96 Old Post Rd, Tolland, CT

Tolland Middle School (TMS)
1 Falcon Way, Tolland, CT

Tolland High School (THS)
1 Eagle Hill Rd, Tolland, CT

Tolland Recreation Center
104 Old Post Rd, Tolland, CT

Tolland Tennis Courts
Old Cathole Rd, Tolland, CT

Youth Garden
Cider Mill Rd, Tolland, CT -by Lions Field

KFAP Archery Indoor Training Ctr.
Phelps Crossing, Willington, CT

PARK FACILITIES

All parks are open sunrise to sunset. Dogs are required to be on a leash. Dogs are NOT allowed on athletic fields!

CRANDALL PARK: 64 Cider Mill Road. 350+ acre Town Park containing 3 tennis courts, a basketball court, softball & baseball fields, a swimming pond, bathrooms, 2.5 miles of marked hiking trails and a picnic area.

PAVILION: An open air shelter with picnic table seating for groups of up to 75. Facilities include a large charcoal grill, horseshoe pits and a sand volleyball court. Use of a softball field is possible depending on availability. A 6' gas grill is available to rent for a nominal fee. Rental by reservation only through the Recreation Office. Call the Recreation office at 860-871-3610 for fee schedule and available dates.

“THE LODGE”: The Lodge is a year round rental facility available to groups of 100 or less for special events such as weddings, showers, picnics, parties or meetings. Rental rates vary for residents, non-residents, businesses, daytime, nighttime and weekends. Building contains fireplace, tables & chairs, a warming oven, microwave, and double door fridge. For available dates, fees & more information call the Recreation office at 860-871-3610.

RIVER PARK: South River Road - 2 Little League size baseball fields, River access.

HERON COVE PARK: 125 South River Road - Small soccer field, multipurpose field, basketball court & canoe launch.

TENNIS COURTS: Old Cathole Road. Six all weather tennis courts across from Tolland Middle School.

CROSS FARMS RECREATION

COMPLEX: Rhodes Road - 3 baseball and 3 soccer fields, Hiking Trails, exercise stations, 18 hole disc golf course, concession stand and soon - Adam's Adventure an all-inclusive play structure.

ALL WEATHER TURF FIELD: A beautiful lighted synthetic turf field at Tolland High School. The field with permanent lines for football, soccer and lacrosse is available to rent for a variety of practices, games and other events. To find out more, call the Recreation Department at 860-871-3610 or go to the web site www.tolland.org/recreation

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TOLLAND YOUTH SPORTS LEAGUES & GROUPS

PUBLIC SERVICE AGENCIES

Tolland Boys Travel Basketball
www.tollandbasketballclub.com
Girls Travel Basketball

Tolland Library

860-871-3620
Tollandgirlstravelbasketball@gmail.com

Tolland Senior Center

860-870-3730

Tolland Lacrosse

Tolland Human & Youth Services
860-871-3648
www.tollandlacrosse.org

Tolland Little League

www.tollandlittleleague.org

Tolland Soccer Club

www.tollandsoccer.com

Tolland Youth Football & Cheerleading
www.tollandeaglesyouthfootball.com

Tolland Garden Paths Youth Garden
www.tgpyouthgarden@comcast.net

RENT A ROOM FOR PARTIES, EVENTS OR WEEKEND MEETINGS

Want to have a party for your son or daughter but don't have the space in your house? The Tolland Recreation Center has rooms available to rent for parties, small gatherings, weekend meetings or similar events. Want a special birthday party? Why not rent our gym? Rooms are available for meetings on a limited basis to non-profit groups at no cost. Call the Recreation Office at 860-871-3610 to get rates and check on availability.

PRESCHOOL PROGRAMS



TOLLAND TYKES PRESCHOOL

For 3 & 4 Year Olds

Classes begin September 2016

Our 3 year old class meets on Tuesdays and Thursdays from 9:00am to 11:30am, September thru May (32 weeks). The tuition for this program is \$995.00 payable in *two (2) installments (August & January). Children must be 3 years old on or before December 31st.

4 year old class meets on Mondays, Wednesdays & Fridays from 9:00am to 12:00pm, September through May (32 weeks). The tuition for this program is \$1,550.00, payable in *two (2) installments (August & January). Children must be 4 years old on or before December 31st.

We will be holding an open enrollment on a first come first serve basis beginning Monday, January 4, 2016 for residents and Monday, January 11, 2016 for non-residents. To register, fill out our department's registration form and mail to the Tolland Recreation Department, 21 Tolland Green, Tolland, CT 06084, along with your \$100.00 non-refundable deposit to hold your child's place. The deposit will be applied toward your tuition fee. Registration forms can be found on our department's website at www.tolland.org or www.tollandrec.com. For more information or if you have any questions please check out our website at www.tollandrec.com or feel free to contact the Recreation Office at (860) 871-3610.

TOLLAND TYKES PRESCHOOL OPEN HOUSE

Tolland Tykes will be hosting an Open House on Wednesday, January 20, 2016 (snow date Wednesday, January 27, 2016) from 6:00 to 7:30pm at the Tolland Recreation Center, 104 Old Post Road, Tolland, CT. Come meet the teachers and see what we are all about!

Fit Tots - The focus of this program is to get children involved in physical activity at an early age. This unique class will combine stretching, movement, and other fitness concepts with running, jumping, throwing, and other skills. Boys and girls will participate in exercise, dancing and fun games. Instructor: Patricia Stauder (Ms. Pat)

Day: Wednesdays

Date: Session 1: January 20, 2016-February 17, 2016
(no class 1/27)

Session 2: March 2, 2016-March 23, 2016

Time: 5:30-6:15pm

Ages: 3 - 5

Fee: \$40.00 per session

Location: Tolland Recreation Center

INSTRUCTIONAL BASKETBALL- SATURDAYS - This coed class will teach the basic skills such as, dribbling, passing, shooting and sportsmanship in a fun way! Bring water bottle and wear sneakers. Instructor Kristyn Leary

Day: Saturdays

Date: January 23, 2016 - February 27, 2016

Time: 8:00am-8:45am (Age 4)

9:00am-9:45am (Age 5)

10:00am-10:45am (Age 6)

11:00am-Noon (Ages 7-8)

Ages: 4 - 8

Fee: \$36.00 per session (Ages 4-6)

\$40.00 per session (Ages 7-8)

Location: Tolland Recreation Center

SKYHAWKS - Tiny - Hawks - This multi-sport program is designed to give children a positive first step into athletics. The essentials of Basketball and Soccer are taught in a safe structured environment with lots of encouragement and a big focus on fun. Helps with balance, eye/hand coordination and skill development. Our staff is trained to handle the specific needs of these young athletes. Instructor Skyhawks Staff

Day: Wednesdays

Date: January 20, 2016 - February 24, 2016

Time: 5:15pm-6:00pm

Ages: 3-4

Fee: \$85.00

Location: Tolland Recreation Center

YOUTH PROGRAMS

Adult CPR/FIRST AID Certification Course

Adult CPR - The goal of CPR training is to provide individuals

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Recreation ... continued from page 9

with the basic knowledge and skills necessary to provide effective basic life support in an emergency. CPR classes have been found to be acceptable for meeting requirements established by state child care licensing, a wide variety of professional state and federal agencies, associations, councils, academies, boards and businesses. Our training utilizes a 1:1 student-to-manikin ratio and provides plenty of hands-on practice to ensure confidence. Instructor: LifeSafe Services Staff

Airway Management / Rescue Breathing / Chest Compressions Adult Manikin Practice / Adult Foreign Body Airway Obstruction

FIRST AID – Properly applied first aid can save lives, reduce recovery time and quite possibly mean the difference between temporary disability and lifelong disability for the victim. Program participants learn to recognize the signs and symptoms of injuries and sudden illness. Crucial information about how to deal with emergencies like bleeding, shock, burns, strains, fractures, allergic reaction, diabetic and seizures is shared. Basic First Aid is the most popular program offered. This nationally accepted program satisfies the requirements of the Occupational Safety & Health Administration (OSHA). Instructor: LifeSafe Services Staff

Introduction Lectures / Good Samaritan Law Emergency Response / Principles of Triage / Head-to Toe Exam Standard Precautions & BSI Bleeding Emergencies, Shock, Burns, Musculoskeletal Injuries Medical Emergencies/Sudden Illness Poisoning, Poisonous Plants/Foodborne Illness Bites and Stings Heat or Cold-Related Emergencies

Specific Body Injuries

Certification: 2 years
Day: Saturday
Date: February 6, 2016
Time: 8:00am-Noon
Ages: 16 and up
Fee: \$99.00
Location: Tolland Recreation Center

TOLLAND RECREATION AFTER SCHOOL PROGRAM

Open to boys and girls in grades 3rd – 8th. We are happy to be able to offer this program as an alternative to your child going home alone. Our program runs out of the Recreation Center and participants will be met at the Tolland Intermediate School and walked up to our building. You have the option of signing up for 3, 4 or 5 days a week. Program participants will have the opportunity to work on homework, enjoy some quiet time, have a snack and then expend energy participating in games and sports either in the gym or outside. To register your child for the program you must complete an application and return it to the Recreation Department along with the first months payment.

Rates for 2015 – 2016: 3 days a week - \$150.00 per month, 4 days a week - \$190.00 per month, and 5 days a week - \$230.00 per month. Instructor: Tolland Recreation Staff.

BABYSITTER SAFETY COURSE 102

This course is for youth's 12 to 16+ years of age with a sincere interest in advanced concepts and skills of First Aid including CPR certification. Building on the entry level skills from Babysitter 101, objectives for this scenario based, expanded course includes additional First Aid concept, Adult/Child and Infant CPR. Requires written and skills testing to receive 2 year certification. Student receives book, handouts and Rescue Shield breathing barrier device. Instructor: LifeSafe Services Staff
Course Time: 3 hours
Prerequisite: Babysitter Safety 101 within the last 365 days
Day: Saturday
Date: February 6, 2016
Time: 9:00am-Noon
Ages: 13 and up
Fee: \$48.00
Location: Tolland Recreation Center

YOUTH SPORTS

INSTRUCTIONAL BASKETBALL - MONDAYS – This coed class will teach the basic skills such as, dribbling, passing, shooting and sportsmanship in a fun way! Bring water bottle and wear sneakers. Instructor Kristyn Leary

Day: Mondays
Date: January 25, 2016-March 7, 2016 (no class 2/15/16)
Time: 5:45-6:30pm (Ages 5-6)
6:30-7:30pm (Ages 7-8)
Ages: 5-8
Fee: \$36.00 per session (Ages 5-6)
\$40.00 per session (Ages 7-8)
Location: Tolland Recreation Center

INSTRUCTIONAL BASKETBALL- SATURDAYS – This coed class will teach the basic skills such as, dribbling, passing, shooting and sportsmanship in a fun way! Bring water bottle and wear sneakers. Instructor Kristyn Leary

Day: Saturdays
Date: January 23, 2016-February 27, 2016
Time: 8:00am-8:45am (Age 4)
9:00am-9:45am (Age 5)
10:00am-10:45am (Age 6)
11:00am-Noon (Ages 7-8)
Ages: 4-8
Fee: \$36.00 per session (Ages 4-6)
\$40.00 per session (Ages 7-8)
Location: Tolland Recreation Center

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Recreation ... continued from page 10

JUKIDO – Beginner – Based on the ancient art of Jujitsu, Jukido helps build focus, determination, confidence and sportsmanship. The emphasis is on safety and doing ones best while learning the basic principles and self-defense techniques. Instructor Todd Sise, is a 4th degree black belt certified with the International Kokondo Association

Day: Tuesdays

Date: January 19, 2016-March 08, 2016

Time: 6:00 - 7:00pm

Ages: 6 - 8

Fee: \$37.00 per session

Location: Tolland Recreation Center



JUKIDO – Youth – Pre-requisite Beginner Jukido. This class builds on the fundamentals learned in the Beginner class. Helps build focus, determination, confidence and sportsmanship. Instructor Todd Sise, is a 4th degree black belt certified with the International Kokondo Association

Day: Tuesdays

Date: January 19 - March 08, 2016

Time: 7:00-8:00pm

Ages: 9 - 14

Fee: \$37.00 per session

Location: Tolland Recreation Center

DODGEBALL AFTER SCHOOL

A chance for some after school fun playing the popular game of dodge ball. The players will use super soft foam balls and safety is stressed. Each week different styles of dodgeball are learned. The emphasis will be on teamwork and sportsmanship. Participants will be met at school and walked up to the Recreation Center.

Instructor: Rich Lavigne

Day: Wednesdays

Date: January 20, 2016-March 2, 2016
(no class 1/27 and 2/24)

Time: 3:30-5:00pm

Ages: Grades 3rd - 5th

Fee: \$25.00 per session

Location: Tolland Recreation Center

ARCHERY- Beginner – “Archery is a great sport for kids, which teaches patience, concentration and attention to detail. This highly structured, 5-week, introductory course is designed for those with little or no formal archery training. It provides the basic foundation for those looking to become skilled archers. Classes are held at the KFAP Archery Indoor Training Center, Phelps Crossing, Willington, CT. Equipment is provided. www.KFAPArchery.com Instructor: William Hall, former National Champion and Olympic Trials finalist

Day: Thursdays

Date: Session 1: January 14 -
February 11, 2016

Session 2: February 25-March 24, 2016

Time: 5:00-6:00pm

Ages: 8 and older

Fee: \$55.00 per session

Location: KFAP Archery Indoor Training Center; Phelps Crossing; Willington, CT

SKYHAWKS – Mini - Hawks – This multi-sport program is designed to give children a positive first step into athletics. The essentials of Basketball and Soccer are taught in a safe structured environment with lots of encouragement and a big focus on fun. Helps with balance, eye/hand coordination and skill development. Our staff is trained to handle the specific needs of these young athletes.

Instructor: Skyhawks Staff

Day: Wednesdays

Date: January 20 - February 24, 2016

Time: 6:05pm-6:50pm

Ages: 5 -7

Fee: \$85.00

Location: Tolland Recreation Center

ADULT SPORTS

PICKLE BALL – Are you looking to meet new people, workout, or just have fun? Then Pickleball is for you! Come join us for some fun playing one of the fastest growing sports in America. Pickleball is a



racquet sport which combines badminton; tennis and ping pong all in one and is easy to learn. Instructor: Ken and Liz Brown

Day: Tuesdays

Date: January 19, 2016-March 15, 2016

Time: 4:30-5:45pm

Ages: 45 and up

Fee: \$32.00 per session

Location: Tolland Recreation Department

Day: Thursdays

Date: January 21 - March 17, 2016

Time: 5:00-6:15pm

Ages: 45 and up

Fee: \$32.00 per session

Location: Tolland Recreation Department

BASKETBALL Pick Up – The benefits of basketball include great aerobic exercise, it provides a wonderful cardiovascular workout, improves heart health, stamina and lung capacity. The quick movements exercise your joints and muscles and improves strength and flexibility. In other words it provides a complete workout and allows you to meet new people while



having fun! Pickup games using multiple courts. Register with the Recreation Department for a reduced rate or pay the drop in for \$5.00 an evening. Instructor Phil Doucette.

Day: Mondays
Date: January 11 - March 14, 2016
(no class 1/18/16 and 2/15/16)
Time: 7:00-9:00pm
Ages: 19 and up
Fee: \$35.00 per session or \$5.00 per walk-in
Location: Tolland Middle School

Day: Wednesdays
Date: January 20, 2016-March 9, 2016
Time: 8:00-9:30pm
Ages: 19 and up
Fee: \$32.00 per session or \$5.00 per walk-in
Location: Tolland Middle School



VOLLEYBALL (Coed) – If you are looking for a fun way to improve your health, volleyball could be the sport for you. Join us for coed pickup games, No experience necessary. Our experience instructor will help you learn the game. If you have experience he will help you improve. A good opportunity to meet new people and make new friends. Sign up with the recreation department at the reduced rate or pay the drop in rate \$5.00 an evening.

Instructor: Sue Vang
Day: Mondays
Date: January 11- March 14, 2016
(no class 1/18/16 and 2/15/16)
Time: 7:00-9:00pm
Ages: 16 and up
Fee: \$32.00 per session; \$5.00 per walk-in
Location: Tolland Intermediate School

VOLLEYBALL (Power) – If you have some experience as a volleyball player this program is for you. Coed pick-up games for fitness and fun. Improve your game and meet new people while getting a good cardiovascular workout. Build muscle and burn fat. Sign up with the recreation department at the reduced rate or pay the drop in rate for \$5.00 an evening.

Instructor: Sandy Willis
Day: Tuesdays
Date: January 19, 2016-March 08, 2016
Time: 7:15-9:15pm
Ages: 18 and up
Fee: \$32.00 per session; \$5.00 per walk-in
Location: Tolland Intermediate School

JUKIDO ADULT – Jukido is a style of Japanese Jujitsu founded centuries ago. Jujitsu was used by Japan's elite warrior class, the samurai, in battlefield combat. Jukido emphasizes safety and doing one's best in a no-nonsense approach to self-defense. Instructor Todd Sise, International Kokondo Association & 4rd Degree Black Belt.

Day: Tuesdays
Date: January 19, 2016-March 08, 2016
Time: 8:00-9:00pm
Ages: 14 and up
Fee: \$37.00
Location: Tolland Recreation Center

continued on page 14

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Recreation ... continued from page 13

KOKONDO KARATE – Kokondo Karate, a Japanese style of Karate, uses principles indigenous to the far east and draws from the most effective and traditional techniques from Japan, Okinawa and China. The emphasis is a no-nonsense self-defense and perfection of technique. Instructor Todd Sise, International Kokondo Association & 4rd Degree Black Belt.

Day: Tuesdays
Date: January 19, 2016 - March 08, 2016
Time: 8:00-9:00pm
Ages: 10 and up
Fee: \$37.00
Location: Tolland Recreation Center

ADULT EDUCATION

Ed 2 Go – ONLINE COURSES – Take an online class and learn on your own terms! Here at the Tolland Recreation Department we offer a wide range of ed2go courses that you can take from the comfort of your own home. All of our courses include expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, convenient, and geared just for you. Classes as low as \$95!! Ready to explore our catalog? Visit www.ed2go.com/TollandRec.

HULA HOOP EXERCISE CLASS - Join us for this fat burning, core strengthening workout using hula hoops. A form of dance that builds strength, balance and flexibility. It also helps calm the mind while exercising the body and it is just plain fun! No experience necessary. Hoops provided. Instructor Roxanne Frattaroli.

Day: Mondays
Date: January 25, 2016 - March 7, 2016 (no class 2/15/16)
Time: 6:30 -7:30pm
Ages: 16 and up
Fee: \$38.00 per session
Location: Tolland Intermediate School

YOGA AM & PM – The aim of this class is to learn to develop strength and flexibility and reduce stress by performing a series of breathing exercises, warm-ups, simple yoga postures, and meditation techniques to stretch and strengthen the body and calm the mind. No prior experience necessary. Please bring a sticky mat if you have one and a blanket or towel. Register with the Recreation office or drop in for \$8.00 a class. Instructor: Amy Evans.

Yoga Incentive Program: If you get a friend to sign up, you will receive 2 FREE class vouchers which can be used at any Tolland Recreation Department Yoga class within 9 months.

Day: Tuesdays
Date: January 26, 2016 - March 15, 2016
Time: 9:00-10:00am
Ages: 16 and up
Fee: \$52.00 per session or \$8.00 per walk-in
Location: Tolland Recreation Department

Day: Thursdays
Date: January 28, 2016- March 17, 2016
Time: 9:00-10:00am
Ages: 16 and up
Fee: \$52.00 per session or \$8.00 per walk-in
Location: Tolland Recreation Department

Day: Mondays
Date: January 25, 2016 - March 14, 2016 (no class 2/15/16)
Time: 6:00 -7:00pm
Ages: 16 and up
Fee: \$46.00 per session or \$8.00 per walk-in
Location: Tolland Recreation Department

Day: Wednesdays
Date: January 27, 2016 - March 16, 2016
Time: 6:00-7:00pm
Ages: 16 and up
Fee: \$52.00 per session or \$8.00 per walk-in
Location: Tolland Recreation Department

KNITTING CLASS – Beginners, novice, intermediate or expert knitters; this is your class. Bring your problems, questions, or unfinished projects. The basics of knitting will be explored. Casting on, binding off, the knit stitch, the purl stitch, simple knit & purl combinations, simple cables, reading & interpreting patterns & abbreviations. Come join the fun and learn a thing or two. Materials are covered by the student according to individual patterns. All students will need a skein of worsted weight yarn & needles, size 6, 7 or 8 to practice stitches & techniques. Instructor Lori D'Andrea.

Day: Tuesdays
Date: January 19, 2016 - March 8, 2016
Time: 6:30 - 8:00pm
Ages: 16 and up
Fee: \$44.00 per session
Location: Birch Grove School

Adult CPR/FIRST AID Certification Course

Adult CPR – The goal of CPR training is to provide individuals with the basic knowledge and skills necessary to provide effective basic life support in an emergency. CPR classes have been found to be acceptable for meeting requirements established by state child care licensing, a wide variety of professional state and federal agencies, associations, councils, academies, boards and businesses. Our training utilizes a 1:1 student-to-manikin ratio and provides plenty of hands-on practice to ensure confidence. Instructor: LifeSafe Services Staff

Airway Management / Rescue Breathing Chest Compressions / Adult Manikin Practice / Adult Foreign Body Airway Obstruction

First Aid – Properly applied first aid can save lives, reduce recovery time and quite possibly mean the difference between

temporary disability and lifelong disability for the victim. Program participants learn to recognize the signs and symptoms of injuries and sudden illness. Crucial information about how to deal with emergencies like bleeding, shock, burns, strains, fractures, allergic reaction, diabetic and seizures is shared. Basic First Aid is the most popular program offered. This nationally accepted program satisfies the requirements of the Occupational Safety & Health Administration (OSHA).
Instructor: LifeSafe Services Staff.

**Introduction Lectures/
Good Samaritan Law
Emergency Response/Principles of
Triage/Head-to Toe Exam**

Standard Precautions & BSI Bleeding Emergencies, Shock, Burns, Musculoskeletal Injuries/Medical Emergencies/ Sudden Illness/Poisoning, Poisonous Plants/Foodborne Illness/Bites and Stings Heat or Cold-Related Emergencies/ Specific Body Injuries
Certification: 2 years

Day: Saturday
Date: February 6, 2016
Time: 8:00am-Noon
Ages: 16 and up
Fee: \$99.00
Location: Tolland Recreation Center

TRIPS

For residents of Tolland, Ashford, Coventry, Ellington, Mansfield and Willington (Spaces must be reserved through your town of residence)

Loon Mountain Family Ski Day

Saturday, March 12th, 2016, Lincoln, NH. Grab one last day on the mountain before the snow is gone for spring! Spend the day at Loon Mountain Ski Resort with family and friends for some downhill skiing and snowboarding in the beautiful White Mountain region of NH. This mountain is great for people of all skiing abilities with 61 trails to explore ranging from challenging black diamond trails to beginner and novice trails. There are 12 lifts including one gondola and 3 high speed quads, and also 7 on site restaurants for snaking and lunch. Even

though you will get up early you can relax and catch some more Z's on the bus to be ready for a full day on the mountain at a great price. Saturday ski hours are from 8 am – 4 pm. Your transportation and lift ticket are included. Equipment/rentals are available with this trip for an additional \$35 per person. Please specify if you need rentals when registering and include in your registration fee. All participants 18 and under need to be accompanied by an adult.

Day: Sat., March, 12 / Time: Bus will leave from the Tolland commuter lot at exit 68 off I- 84 at 5:30 am and will return approximately 8 pm. Please get to the bus early to load all equipment. Fee: Includes bus transportation and full day lift ticket dependent on age.

\$130 (Adults 19+)

\$120 (Ages 13 – 18)

\$104 (Ages 6 – 12)

\$45 (Ages 5 and under)

\$35 Rental fee for equipment all ages.

This fee is required at the time of registration if you are renting equipment from the mountain.

Tolland Public Library

LIBRARY EXPANSION

Starting on November 16th, 2015, the Library was under construction! Work will commence in the gymnasium with the construction of an elevator. The addition of a mezzanine in the gymnasium space will provide much needed space for the library's collection while the main level has a number of quiet study rooms and plenty of adult seating areas. There will also be a coffee station to make your visit more enjoyable. Sarazin General Contractors of North Windham was the successful low bidder and has been awarded the construction contract. They come to us with excellent references and we look forward to working with them. Our architect, DRA of South Windsor, has their interior design department putting together furniture selections and color schemes for review. We are looking forward to their vision for the interior spaces.

All library programs will take place in Conference Room A of Town Hall until further notice.

ADULT PROGRAMS

Janet Barrett, the author of *They Called Her Reckless*, will be talking about her book on Wednesday, January 13 at 6:30 pm in Conference Room A. This book about Reckless, a mare that bonded with Marines during the Korean War, was based on interviews of the men that knew and loved the horse.

Carol Wittmer, from the Connecticut Historical Society, will conduct a program on genealogy that will appeal to beginners and those beyond beginning their family history, on Wednesday, January 20 at 6:30. This Friends sponsored program will be held in Conference Room A.

Perne Maynard, on Wednesday, January 27 at 6:30 pm in Conference Room A, will be showing his photographs taken during the Tolland 300th Celebration.

ONGOING GROUPS

The Cook Book Club meets the third Monday of the month at 6:30 pm. In January we will meet on the 11th because of Martin Luther King Jr. Day occurring on the 18th.

The Adult Book Discussion Group meets on the third Tuesday of the month at 2 pm.

The Writers' Workshop meets on the third Tuesday of the month at 6 pm.

Knitting at Night meets on the fourth Tuesday of the month at 6:30 pm.

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Library ... continued from page 15

Nookless Knitters meet every Friday at 10 am.

CHILDREN'S WINTER PROGRAMS

Winter Story times at the library begin the week of January 4th. Parents and caregivers may sign up for:

Mother Goose Rhyme Time for babies 6 to 23 months old. Meets on: Wednesdays at 11:15 – 11:45 am., starting 1/6.

Preschool Story Time for ages 3 to 5. Meets on: Wednesdays at 10:15 am; starts 1/6.

Afternoon Story Time for ages 2 to 5. Meets on: Thursdays at 1:30 pm; starts 1/7.

Library/Family Resource Center Story Playgroup: 1,000 Books before K for ages 2 to 5, meets on: Tuesdays at 10:15 – 11:15 am starting 1/5.

PJ Story times: for families with children ages 2 to 8; held on selected Thursdays at 6:30 – 7 p.m. Children are invited to come in PJs and to bring a favorite stuffed animal. No sign up required. Join us for a *Frozen*-themed story time on Thursday, January 14th at 6: 30 pm.

The library's annual **Take Your Child to The Library Day** will be held on: Saturday, February 6th, 2016. Events will include: Bonjour –HOLA Story time: at 10:30 am., presented by the Tolland High School World Language Club. WLC students will read aloud stories in French and Spanish, with activities to follow for ages 3 and up. Check our online events calendar for more family oriented happenings at the library this day! It's free and fun for all.

R.E.A.D. Dog for grades K and up: Our registered Reading Assistance dogs Dolly and Vinny will be at the library each month in the new year – contact Mrs. B to sign up your child for a boost of reading confidence (vbrousseau @tolland.org). It is great read aloud practice in a nonjudgmental setting.

FOR OLDER KIDS / YOUNG ADULTS:

Kids Chess Club: Young chess players in

grades 3 and up are invited to meet weekly with other kids who enjoy chess to practice and hone playing skills. Instruction is provided each week by the University of Connecticut Chess Club. Meets on Tuesdays from 4:30 to 5:30 pm. on: January 5, 12, 19, 26; February 2, 9, 16, 23; March 1, 8, 15, 22, 29; and April 5.

Teen Poetry Slam: The annual poetry slam sponsored by the Tolland Public Library Foundation will be held on: Thursday, March 10th at 6:30 p.m. in Conference Room A. For poets in grades 8 – 12; entry forms will be available at the library.

While the library expansion is in progress, programs will meet in Conference Room A unless specified otherwise. Tolland Library children's events are free and open to the public. For more information check our online events calendar (www.tolland.org/library), call 860-871-3620, or contact the children's librarian at: vbrousseau@tolland.org

FRIENDS OF TOLLAND PUBLIC LIBRARY

THANK YOU FOR YOUR SUPPORT

In 2015, the Friends of Tolland Public Library raised hundreds of dollars thanks to our loyal supporters of the Festival of Trees, Holiday Book Bundle Sale and Holiday Cookie Platter Sale. These large fundraising efforts, combined with the sale of promotional items, popular catnip mice, and a summer cookbook sale, resulted in many new programming opportunities for our patrons to enjoy. Our generous donors also made it possible for us to continue providing most of the museum passes and the subscriptions to Book Page, WOWbrary and the On-line Events Calendar. Thank you! We appreciate your FRIENDship!

DICTIONARIES GIVEN IN NOVEMBER - With our participation in the Dictionary Project for the third straight year, the Friends made it possible for third grade students in Tolland Intermediate School to receive a personal dictionary. One hundred seventy-six

students will use their dictionaries to support their growth as readers.

PROMOTIONAL ITEMS FOR SALE

We have a variety of promotional items to offer:

Black tote bags are available to help carry away all those exciting winter reads. For just \$10, you can buy one of these multi-purpose, reusable totes. Did you receive an iPad Mini, Kindle Fire or other small tablet this holiday season? We have just what you need to protect your e-reader! Our royal blue, padded mini e-sleeves feature a zippered closure and are available for \$6.00. Phone holders are also being sold for the low price of \$3.00. Don't forget your kitty! Catnip mice make a great treat for just \$1.00.

"BAKELESS" BAKE SALE SUCCESS

You donated to your library without baking, getting cavities and extra calories! This initiative was successful thanks to the pure generosity of our supporters. We are pleased to announce that we surpassed our goal of \$100 to purchase a new puppet set for our Children's Librarian to use. Remaining money fundraised will support other children's literature enrichment.

LIBRARY EXPANSION: LET'S HELP BUILD THE FUTURE TOGETHER

The Friends of Tolland Public Library and the Tolland Public Library Foundation are partnering to launch a public fundraising campaign sometime in the coming months. The expansion will allow the library to become the focal point of community life, support 21st century technology and provide quality materials and services to its patrons. You can be a part of bringing our Town's library to the next level. Libraries educate, build citizenship and foster thoughtful communities and these are all desirable elements worth funding. The library expansion campaign will offer tiered opportunities for residents, organizations and businesses to help put the finishing touches on the project and move the library from a book warehouse to a community center. All donations will be recognized.

MUSEUM PASSES - GET OUT THERE AND EXPLORE!

Go to the museum for free or at a discounted admission - the trip is on us! What better way to spend a winter day? Have you been to the Florence Griswold Museum, the Connecticut River Museum or the New Britain Museum of Art? Here's a chance to visit a new museum at a reduced price. Are the kids bored? We have passes for the Children's Museum in West Hartford and the Springfield Museums. Brochures with a complete listing of passes may be obtained at the circulation desk. Check one out with your Tolland adult library card.

GENEALOGY PROGRAM - Family...like branches on a tree, we all grow in different directions, yet our roots remain as one. Join Carol Wittmer, from the Connecticut Historical Society, for a genealogy program on Wednesday, January 20th in Conference Room A of Town Hall. The program will run from 6:30 - 8 pm. with an opportunity for questions and answers immediately following.

ARE YOU A FRIEND OF THE LIBRARY?

What does it mean to be a friend of the library? It means you are part of a valuable, non-profit organization whose mission is to support the Tolland Public Library. Membership is non-discriminatory and we value the diverse contributions of our community supporters. These contributions come in many forms:

- **JOIN** our monthly meeting on the first Monday of the month (excluding July and August) at 11 am. in Conference Room A in Town Hall.
- **DONATE** and become a supporting member. Our donations range greatly and any contribution is greatly appreciated. All donations are tax-deductible.
- **VOLUNTEER** to bake cookies or assist with a book sale. These volunteer opportunities are not long-term commitments, but greatly assist our ability to support the library.
- **CHECK** our bulletin board across from the circulation desk for updates. Attend our sponsored programs and support our fundraisers.
- **LIKE us on FACEBOOK!**
- **ASK** at the circulation desk how you can make friends with your library!

Want to keep up-to-date on the many great programs the Tolland Public Library Foundation is sponsoring? Like the Tolland Public Library Foundation on Facebook or visit TollandPublicLibraryFoundation.org. The Foundation was established in 1996 to benefit the Tolland Public Library and to fund events, programs and materials for the library that go beyond what is budgeted by the town.

Tax Office / Important Notice

The second installments of Real Estate, Personal Property, and Motor Vehicle tax bills, as well as the Supplemental Motor Vehicle tax bills, are due in January 2016.

The last day to pay without interest is Monday, February 1, 2016. Please note: our mailing address is 21 Tolland Green, Tolland, CT 06084; we no longer have our PO Box and payments mailed to the PO Box will be returned.

In order to ensure you pay on time, please follow these guidelines.

In person - pay your bill early in the month to avoid waiting in line. Monday, February 1, 2016, until 4:30 pm is the last time you can pay in person.

Tax Office hours are Monday - Wednesday, 8:00 to 4:30 and Thursday, 8:00 to 7:30. Town Hall is closed on Friday.

By drop box - place your payment in the drop box outside of the main Town Hall entrance from parking lot C no later than 4:30 pm on Monday, February 1, 2016. PLEASE DO NOT USE ANY OTHER DROP BOX.

By mail - mail your payment early in the month or bring it inside the Post Office and ask to have it "hand cancelled" by a postal service employee no later than February 1, 2016. That's the only way you can ensure an on-time post mark.

Online bank payments - if making an online payment through your bank, please do so early in the month as these payments do not carry a postmark on the envelope. Please update your online bill pay to the mailing address within this article.

By credit card - go to the Town of Tolland website, www.tolland.org, follow to the Tax Department link and click on Lookup/Pay Taxes Online and then the red Tax Office circle. ACH payments (electronic checks) cost \$1.95 and credit card payment fees will be 2.95%. Your transaction must be completed no later than midnight on February 1, 2016.

All payments received after that date will be considered late and will incur interest charges as required under CT State Statutes. If you have any questions or need assistance with paying online, please call 860-871-3657 or 860-871-3654.

Have a happy and healthy Holiday season.

Want to Advertise?

**Call Tom Fortin
at 860.299.4568**

Human Services

TOWN OF TOLLAND FAIR HOUSING NOTICE

Beverly Bellody, Director of Tolland Human Services, serves as the Fair Housing Officer for the Town of Tolland. Under the Federal Fair Housing Act, prohibits discrimination in the sale, rental, and financing of dwellings, and in other housing-related transactions, based on race, color, national origin, religion, sex, familial status (including children under the age of 18 living with parents or legal custodians, pregnant women, and people securing custody of children under the age of 18), and handicap (disability).

Under the Connecticut Federal Fair Housing Act, it is against the law to deny anyone housing based on race, color, national origin, sex, ancestry, religion, children or family status, mental or physical disability, marital status, age (except minors), sexual orientation, or legal source of income. If you feel your rights have been denied in the equal access to the rental, sale or financing of residential property, please contact Beverly Bellody at 860-871-3611, Mon.-Wed. 8:00 am. - 4:30 pm., Thurs. 8:00 am. - 7:30 pm., closed on Friday.

For more information you can also contact The Connecticut Fair Housing Center, 221 Main Street, Hartford, CT 06106, 860-247-4236, or email at info.ctfairhousing.org. The Connecticut Fair Housing Center also has information about foreclosure prevention.

HUMAN SERVICES

Residents may call any of the following Tolland Human Services personnel for more information about state programs and local initiatives:

Beverly Bellody, M.S., Human Services Director (860) 871-3611

Nancy Taylor Dunn, L.P.C., Assistant Director Human Services (860) 871-3612

Stephanie Mansell, B.S., Human Services Case Manager (860) 871-3615

Fran Weigand, Senior Center Director (860) 870-3725

Rebecca Ellert, Elderly Outreach Case Worker (860) 870-3726

Bridget Joy, Administrative Secretary, (860) 871-3648

ASSISTANCE PROGRAMS:

Connecticut Energy Assistance Program (CEAP)
Tolland residents may call the Human Services office to schedule an appointment to apply for the 2015/2016 Energy Assistance Program. On behalf of eligible households, the winter heating assistance pays for such heating sources as oil, natural gas, electricity, propane, kerosene, coal and wood/pellets. Homeowners and renters may apply. Eligibility is based on annual gross income and household size. To request a list of required documentation, schedule an appointment or learn more about this and other

programs: Seniors- contact Rebecca Ellert, (860) 870-3726; all others contact Administrative Secretary Bridget Joy, (860) 871-3648; residents may also contact the ACCESS Agency in Willimantic, (860) 450-7423. We are unable to process walk-in applications.

Income Guidelines for Connecticut Energy Assistance:

Household Income Guidelines - 2015/2016						
1	2	3	4	5	6	7
Under \$33,132	Under \$43,327	Under \$53,521	Under \$63,716	Under \$73,910	Under \$84,105	Under \$86,016

TOLLAND HOUSING REHABILITATION LOAN PROGRAM

The Tolland Housing Rehabilitation Loan Program provides zero percent interest loans to eligible residents for home repair projects that include, but are not limited to: septic systems, well repair, roofing and siding, structural deficiencies, replacement windows, insulation, ADA improvements, plumbing, electrical and heating systems. To be eligible, yearly gross income must not exceed amounts listed below:

Number in Family							
1	2	3	4	5	6	7	8
Household Income							
\$46,100	\$52,650	\$59,250	\$65,800	\$71,100	\$76,350	\$81,600	\$86,900

For an application or for more information, residents who are interested and feel they may be income eligible may contact Beverly Bellody (860-871-3611). All information provided to the Tolland Housing Rehabilitation Loan Program will be kept confidential.

FOOD BANK

The Food Bank gratefully appreciates donations from individuals, neighborhoods, youth groups, organizations and businesses. Tolland residents needing to use the Food Bank, and those wishing to make donations to the Food Bank, may contact the following staff members: Seniors- contact Rebecca Ellert, (860) 870-3726; all other households- contact Nancy Dunn, (860) 871-3612.

THE FOODSHARE MOBILE FOOD PANTRY is available in Tolland on alternate Thursdays, 9-9:30 am. in the parking lot adjacent to the United Congregational Church of Tolland, 45 Tolland Green. Pre-registration and identification are not required. For more information about FoodShare, residents may contact Foodshare at (860) 286-9999 or the UCC office at (860) 875-4160, or visit the FOODSHARE website, www.foodshare.org. For the next few months, distribution at the Tolland site will be on the following dates: Jan 7 & 21; Feb. 4 & 18; Mar. 3, 17 & 31, 2016 from 9:00-9:30 am. Residents participating in the program must bring their own bags.

YOUTH PROGRAMMING

TYSCT Coffee House 2015-2016 winter/spring schedule:
Saturday, March 5, 2016 (Auditions: Monday, Feb. 22)
Saturday, May 7, 2016 (Auditions: Monday, April 25)
Performances are at 7 pm in the Tolland High School café. The event features original and popular vocal selections performed by area high school youth. Admission, which includes light refreshments and coffee, is \$5 and a non-perishable food item for the Tolland Food Bank.

TYSCT SUMMER MUSICAL- SAVE THE DATES!

Performances- Friday & Saturday, July 22 & 23, 2016
Audition Date, Rehearsal schedule and show title to be announced at a later date. Watch for press releases about future TYSCT events. For more information residents may contact Nancy Dunn @ (860) 871-3612 or nancydunn@tolland.org. Please visit us on FaceBook @ The Coffee House - TYSCT, and at www.tolland.org.

Senior Center News

AARP TAX AID: Tolland Senior Center is pleased to offer on-site assistance with filing your taxes. There are no age requirements and you do not have to be a Tolland resident or an AARP member. This is a free service and is staffed by trained volunteers willing to give their time.

Appointments will be available from February 9th-April 12th on consecutive Tuesdays. (February 9th, February 16th, February 23rd, March 1st, March 8th, March 15th, March 22nd, March 29th, April 5th, April 12th.) One hour time slots will be available starting from 12 pm-1 pm, 1 pm-2 pm, 2 pm-3 pm, 3 pm-4 pm. Appointments must be made either in person at the Senior Center (674 Tolland Stage Road) or call Fran Weigand at 860-870-3725.

On the day of your appointment you will be required to complete an interview questionnaire, bring a form of photo identification, and bring the following documents as applicable to your financial situation:

- copy of last year's tax return
- proof of all income sources (which could include W2 for earned wages, unemployment compensation)

- SSA-1099 for Social Security
- 1099-MISC for miscellaneous income
- 1099-R for pension or annuity income proof of interest or dividends (all 1099 forms)
- all forms indicating federal income tax paid
- dependent care provider information
- all receipts or cancelled checks for itemized deductions (such as property tax, car tax, medical expenses),
- Social Security cards for you and all dependents.

Also, please bring your checkbook for refunds to be directly deposited into your account.

SENIOR CENTER DAY TRIPS - 2016

Contact the Senior Center to make a reservation (860-870-3730).

February 14th

The Bushnell - Love Letters- \$ 105.00

April 19th

Newport Playhouse—One Slight Hitch

June 16th St. Clements Castle, Portland, CT

July (TBD)

Westchester Dinner Theater-*Happy Days*

August (TBD)

CT River Cruise, Hadley, MA
Lobster/Lunch

October 13th

Platzl Brauhaus - Oktoberfest lunch/entertainment

December 6th

Newport Playhouse -
Nana's Naughty Knickers

SENIOR CENTER OVERNIGHT TRIPS - 2016

May 22-26, 2016

Wildwood/Cape May, New Jersey,
5 days-4 nights

September 27-29, 2016

SIGHT AND Sound Theatre -
production of "*Samson*"
3 day/2 night trip to Pennsylvania

ANNUAL SENIOR CENTER VARIETY SHOW

Friday, April 29, 2016 at 7:00 pm
Tolland High School, 1 Eagle Hill
Admission: Adults \$10; Students \$7

Submitted by Beverly Bellody
Director of Human Services

Visit Us at Tolland.org

Planning and Development / Engineering

SEPTIC SYSTEMS

Three Things You Should Know

Quiz: How often do you think about your septic system?

Never - because I don't have one. Read Tip #2 since you likely visit buildings or homes that rely on septic systems.

Rarely - Take 5 minutes to read this article. Basic maintenance and care can help you avoid potentially costly repairs should your system malfunction.

Often - because I regularly maintain it, and think I have a good sense of the rules. Think of this article as a refresher then.

There are many resources out there that provide details on why proper septic maintenance is important and practices to keep your system working properly. We wanted to quickly remind you of three things all users and owners of septic systems should know.

Tip #1: Pay Attention to Water Use. Being mindful of water use not only helps you save on water costs and conserves our water resources, but is important to your septic system's health. You know the drill by now for conserving water: take shorter showers, spread out when you do your laundry, and, for both washing clothes and dishes, only run the machines for full loads. While you are at it, also tackle those leaking faucets.

Tip #2: The Drain is Not a Trash Can. We've all done it - flushed something down the toilet that shouldn't have been flushed or poured bad things down the drain because it was easy or convenient or we just didn't know otherwise. But continuing that practice can have costly implications. In the bathroom, only flush toilet paper. No paper towels, no baby wipes, no dental floss. In the kitchen, do not send grease or food debris down the drain.

Tip #3: Pump Regularly. Every septic owner knows this one, but do you actually keep track? You should pump

every 2-3 years or as recommended by your pumping company. Your pumping company is your septic tank's friend and can help determine the best schedule based on how you use your tank. And they see what's in there.

For more information, see the town's website at: <http://www.tolland.org/health-districtsanitarian/pages/septic-system-care>, call us at 860-871-3601, or talk to your septic tank pumper.

PLANNING & DEVELOPMENT/ ENGINEERING

Project # 0142-0146 - Reconstruction of 195. The construction is to continue through the end of the construction season. The proposed road widening is planned to be completed to allow traffic to use the shoulder, maintaining the existing number of lanes in each direction.

BUILDING DEPARTMENT DID YOU KNOW THAT MANY PERMITS CAN BE APPLIED FOR AND PAID FOR ONLINE?

From the homepage of Tolland.org, click on the Building Department Online Permitting button. While you're on the Building Dept. page, please browse through our many informative handouts. There is quite a bit of information regarding swimming pools, decks, additions and the permit application process in general. Remember to schedule a final inspection appointment to properly close out your permit. Open Building Permits will impede the sale of your home and may give cause to an insurance company to deny a claim.

WINTER WEATHER TIPS

With the snow and ice, come many problems for our homes. Residents with direct-vent pellet stoves, boilers, water heaters and furnaces should verify that the intake and exhaust vents are not buried by blowing and drifting snow. Direct-vent appliances are those that don't have a typical chimney system; they

often have plastic pipes going through the exterior wall, low to the ground. If these pipes are blocked, deadly carbon monoxide can build up in your home. Please don't become a statistic!

Some people experience ice dams in their homes. Ice dams are caused by melting snow on the roof turning to ice and getting under the shingles. When it melts, it ruins insulation, drywall and painted finishes and may cause mold growth. Ice dams are most often caused by insufficient insulation in the attic and bathroom exhaust fans venting directly into the attic. A competent, licensed, insured contractor should be consulted to remedy the situation. Especially considering the high cost of heating oil and propane, it always makes sense to address these energy wasting situations.

The Building Official, James Paquin is typically available in the office to answer questions from 8:00-10:00 am and noon-2:00 pm, plus 6:00-7:30 pm on Thursdays.

Probate Court

NEW HOURS
Tolland-Mansfield Probate Court (serving Coventry, Mansfield, Tolland and Willington) changed its hours as of November 30, 2015.

The new hours are:
Monday through Thursday
8 a.m. - 5 p.m.
Friday
8 a.m. - 12 noon

The Tolland - Mansfield Probate Court no longer processes passports. The Rockville and Storrs Post Offices continue to do so.

Resident State Trooper's Office

EXPLORERS PROGRAM

The dedicated Tolland High School students who make up the Tolland Police Explorer Post have the opportunity to see what police work truly entails. The Explorer Program is a non-profit unit with the Tolland Resident State Troopers office which is committed to the Town of Tolland.

The Explorers meet every two weeks and receive instruction from units under the state police umbrella. Troopers from the ESU SWAT team, K9 unit and criminal investigations, to name a few. They offer a glimpse into the lives of State Troopers. The Explorers have learned about gun safety and shooting at the shooting range. They give their traffic control skills some practice volunteering at numerous local events including the Cider Mill Road Race, Tip a Cop Events for Special Olympics, Parades, Toy Drive, etc. Our program incorporates well-versed Troopers that are knowledgeable and committed to being positive role models. The Explorer's Program teaches its youth the importance of integrity, respect, discipline, self-esteem, leadership, teamwork and other valuable life skills that breed success.

The dedicated Tolland High School students who make up the Tolland Police Explorer Post get hands on experience with Troopers. Several Explorers have ended up pursuing careers in law enforcement. The Explorer Post is funded entirely by donations. Anyone interested in supporting the Explorers can contact Trooper Merrill at the Tolland Resident State Trooper office at 860-875-8911.

HOW TO APPLY

Complete the application available at the Tolland Resident Trooper's Office or on the Tolland Web Site (Town of Tolland > Government > Police > Forms > Tolland Police Explorer Post #142). Unit Contact Information: Trooper Timothy Merrill 860-875-8911.

Tolland Fire Department

RESIDENTS REMINDED OF DUTIES DURING SNOW STORMS

The Town of Tolland Department of Public Safety would like to remind town residents and business owners that during snow and ice storms they need to comply with the following regulations in accordance with the town charter and Connecticut General Statutes:

A parking ban is in effect in town during snow and ice storms. Vehicles left on town roads which impede snow plowing efforts or otherwise create a hazard can be towed and a fine may be imposed.

Residents and business owners are required to clear snow and ice from sidewalks and fire hydrants in front of their premises within 24 hours of the conclusion of a storm.

Continued on page 22

Tolland Town Directory

DEPARTMENT	PHONE
Animal Control	(860) 871-3676
Assessor's Office	(860) 871-3650
Building Department	(860) 871-3601
Elections Administration	(860) 871-3634
Emergency Management	(860) 871-3677
Finance Department	(860) 871-3653
Fire Department/Ambulance (Non-Emergency)	(860) 871-3677
Fire Marshal	(860) 871-3677 x2143
Health District/Sanitarian	(860) 871-3608
Human Resources.....	(860) 871-3600
Human Services	(860) 871-3648
Library	(860) 871-3620
Planning & Development	(860) 871-3601
Police - Daniel P. McCarthy, Admin. Resident Trooper	(860) 875-8911
Lori Sherwood, Secretary	(860) 926-4695
Probate Court	(860) 871-3640
Public Safety (Non-Emergency) ..	(860) 871-3677
Public Works.....	(860) 871-3696
Recreation Department	(860) 871-3610
Information Line.....	(860) 871-3625
Senior Services	(860) 870-3730
Solid Waste & Recycling	(860) 926-4695(860) 871-3600
Tax Department	(860) 871-3657
Tolland Tykes Preschool	(860) 871-3610
Town Clerk	(860) 871-3630
Town Engineer	(860) 871-3601
Town Manager's Office	(860) 871-3600
Youth Services	(860) 871-3612

Snow and ice may not be plowed, blown or shoveled into the street. This practice presents a hazard to motorists.

Residents and businesses are asked to observe these regulations whenever snow or ice requires the use of snow removal equipment. Failure to observe these rules prevents streets from being properly maintained and also poses a hazard to pedestrians and motorists.

PROPER HOUSE IDENTIFICATION AND STREET NUMBERS

The members of the Tolland Fire Department would like to remind everyone that it is very important to have your house number properly identified on your mailbox and your house or business, so emergency personnel can locate your house quickly and easily. Numbers should show clearly on the mailbox from either direction as first arriving personnel may come from either direction. If you do not have a mailbox the numbers should be in a conspicuous location to be viewed from either direction. Where there is more than one house on a driveway each house should be clearly marked. Once properly marked, each driveway should be maintained to allow for access by emergency equipment. In the event of an emergency, there could be a delay in getting to your house, if your house is not clearly marked. It also can create a dangerous situation for our personnel, if they can't find and or miss the driveway, resulting in unnecessary turning around in the street.

The Tolland Fire Department thanks everyone for his or her cooperation.

FACT SHEET: PREVENTING AND THAWING FROZEN PIPES

Many people have asked the Red Cross for information and suggestions about how to prevent water pipes in the home from freezing, and how to thaw them if they do freeze. The following information is provided to address those questions.

Why pipe freezing is a problem -

Water has a unique property in that it expands as it freezes. This expansion puts tremendous pressure on whatever is containing it, including metal or plastic pipes. No matter the "strength" of a container, expanding water can cause pipes to break. Pipes that freeze most frequently are those that are exposed to severe cold, like outdoor hose bibs, swimming pool supply lines, water sprinkler lines, and water supply pipes in unheated interior areas like basements and crawl spaces, attics, garages, or kitchen cabinets. Also, pipes that run against exterior walls that have little or no insulation are also subject to freezing. Pipe freezing is a particular problem in warmer climates where pipes often run through uninsulated or under insulated attics or crawl spaces.

Preventing Frozen Pipes

Before the onset of cold weather, prevent freezing of these water supply lines and pipes by following these recommendations:

- Drain water from swimming pool and water sprinkler supply lines following manufacturer's or installer's directions. Do not put antifreeze in these lines unless directed. Antifreeze is environmentally harmful, and is dangerous to humans, pets, wildlife, and landscaping.
- Remove, drain, and store hoses used outdoors. Close inside valves supplying outdoor hose bibs. Open the outside hose bibs to allow water to drain. Keep the outside valve open so that any water remaining in the pipe can expand without causing the pipe to break.
- Check around the home for other areas where water supply lines are located and are in unheated areas. Look in the basement, crawl space, attic, garage, and under kitchen and bathroom cabinets. Both hot and cold water pipes in these areas should be insulated. A hot water supply line can freeze just as a cold water supply line can freeze if the water is not

running through the pipe and the water temperature in the pipe is cold.

- Consider installing specific products made to insulate water pipes like a "pipe sleeve" or installing UL-listed "heat tape," "heat cable," or similar materials on exposed water pipes. Many products are available at your local building supplies retailer. Pipes should be carefully wrapped, with ends butted tightly and joints wrapped with tape. Follow manufacturer's recommendations for installing and using these products. Newspaper can provide some degree of insulation and protection to exposed pipes – even ¼" of newspaper can provide significant protection in areas that usually do not have frequent or prolonged temperatures below freezing.

During Cold Weather, Take Preventive Action

- Keep garage doors closed if there are water supply lines in the garage.
- Open kitchen and bathroom cabinet doors to allow warmer air to circulate around the plumbing. Be sure to move any harmful cleaners and household chemicals up out of the reach of children.
- When the weather is very cold outside, let the cold water drip from the faucet served by exposed pipes. Running water through the pipe – even at a trickle – helps prevent pipes from freezing because the temperature of the water running through it is above freezing.
- Keep the thermostat set to the same temperature both during the day and at night. By temporarily suspending the use of lower nighttime temperatures, you may incur a higher heating bill, but you can prevent a much more costly repair job if pipes freeze and burst.
- If you will be going away during cold weather, leave the heat on in your home, set to a temperature no lower than 55°F.

To Thaw Frozen Pipes

If you turn on a faucet and only a trickle comes out, suspect a frozen pipe. Locate the suspected frozen area of the water pipe. Likely places include pipes running against exterior walls or where your water service enters your home through the foundation.

- Keep the faucet open. As you treat the frozen pipe and the frozen area begins to melt, water will begin to flow through the frozen area. Running water through the pipe will help melt more ice in the pipe.
- Apply heat to the section of pipe using an electric heating pad wrapped around the pipe, and electric hair dryer, a portable space heater (kept away from flammable materials), or wrapping pipes with towels soaked in hot water. Do not use a blowtorch, kerosene or propane heater, charcoal stove, or other open flame device. A blowtorch can make water in a frozen pipe boil and cause the pipe to explode. All open flames in homes present a serious fire danger, as well as a severe risk of exposure to lethal carbon monoxide.
- Apply heat until full water pressure is restored. If you are unable to locate the frozen area, if the frozen area is not accessible, or if you can not thaw the pipe, call a licensed plumber.

- Check all other faucets in your home to find out if you have additional frozen pipes. If one pipe freezes, others may freeze, too.

Future Protection

- Consider relocating exposed pipes to provide increased protection from freezing. Pipes can be relocated by a professional if the home is remodeled.
- Add insulation added to attics, basements, and crawl spaces. Insulation will maintain higher temperatures in these areas.

For more information, please contact a licensed plumber or building professional. For more information on disaster safety, check out: www.redcross.org/disaster/safety or contact your local American Red Cross Chapter.

Content derived from:

- Federal Emergency Management Agency
- Mississippi State University Extension Service
- MH2 Technologies, Ltd.
- Myplumber.com
- State Farm Insurance Company
- Vancouver, BC, Waterworks Department



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*Up to 5 qts. of motor oil

Tolland Board of Education

There are some great initiatives going on in the Tolland Public Schools. We are continuing our work with the Writers Workshop model. Through this model, students are becoming better writers – and teachers are receiving the resources, training, and support to facilitate this positive change. In a similar way, the school system has adopted Math in Focus (also known as Singapore Math). This rigorous math program builds upon methods used in Singapore; known throughout the world as a math powerhouse. Students are engaging in very challenging content, and making us proud.

Like Writers Workshop training, the district is providing Math in Focus training and support to teachers. The district is experiencing great success with these programs, and we are lucky to have such a supportive community as our students come to school ready to learn.

Another recent initiative in the schools is the adoption of the Google Apps for Education (GAFE) program. The Tolland Public Schools have embraced this “suite” of software products; we are training staff, and embedding the software in many places in our process and instruction. GAFE software provides incredible

collaboration and productivity tools that are helping us bring instruction into the 21st century. Students and teachers can collaborate electronically, in real time, even if they are not in the same physical space, and can do so from anywhere in the world with Wi-Fi. It is an exciting time! Finally, the Tolland Public Schools are offering many workshop opportunities. The latest workshop, on November 18th, was focused on Standardized Assessments, and Assessments in the Tolland Public Schools. There will be many more of these “Community Learning Workshops” and we welcome all to attend!

Public Works Department

5 YEAR/\$5 MILLION ROAD IMPROVEMENT

Phase III of the 5 year/\$5 million Road Improvement Plan was recently completed. The roads done this year were Anderson Road, Baxter Street, Burbank Road, Curtis Drive, Grandview Street, Lorraine Drive, North River Road, Partridge Lane, Robbie Road, Stevens Road and Woodland Street. The parking lot at the Tolland Recreation Center was redesigned and repaved.

3 YEAR PROACTIVE TREE TRIMMING

We are currently in Phase III of the Proactive Tree Trimming Program. These funds are from a LOCIP grant to address trees that need trimming/removal in order to reduce the impact of future storm related damages and power outages. Eversource hired Asplundh Tree to trim where needed on the power line side and we are trimming on the opposite side. This will be done in 3 phases over 3 years.

Angie's list
SUPER SERVICE AWARD
2014

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2016

WINTER PARKING BANS

Residents are reminded of the winter parking ban in effect from November 1st through April 15th. Overnight parking is not allowed on public streets or municipal parking lots between the hours of midnight and 6:00 am. A parking ban may also be declared if a significant snow event is forecast or in progress. For information on whether a parking ban has been declared (beyond the midnight to 6 am ban) tune to WFSB (CBS), WTNH (ABC) or WVIT (NBC). You can also get updates on our Facebook page @Tolland Works.

SNOW REMOVAL

Snow and ice may not be plowed, blown or shoveled into the street. This practice presents a hazard to passing motorists and may contribute to unsafe road conditions. Please remember that you will also be held responsible for any actions of a contractor hired by you.

MAILBOXES

Your mailbox should be in good repair, firmly attached to a solid post and properly placed so no part of it is over the pavement. It will have to withstand countless tons of flying snow this winter and it may require periodic maintenance. If a mailbox or post is pushed over or damaged as a result of snow or slush coming off a snowplow, it is considered a winter hazard and the Town will not repair or replace the mailbox or post. The height of the bottom of the mailbox to the street should be between 42" - 48" and the mailbox door should be 6 to 8 inches back from the front face of the curb or road edge.

GARBAGE & RECYCLING TOTE PLACEMENT

Residents are reminded that garbage and recycling totes should be placed within 18" of the curb or roadside. Please know that they are to be placed on your property, not in the street. Doing so not only creates a public safety issue but also hinders snow removal operations. The Town is not responsible for damage done to totes by plows.

PORTABLE BASKETBALL HOOPS

Portable basketball hoops and similar items should NOT be in the Town Right-of-Way. The Town is not responsible for damage done by plows to such items left in the Town Right-of-Way.

CATCH BASINS & STORM INLETS

Help minimize street flooding by shoveling snow and ice from in front of the storm inlet nearest your house.

Continued on page 26



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Public Works ... continued from page 25

This includes keeping catch basin grates free of leaves
and other debris all year long!

SIDEWALK CLEARING

By Town Ordinance it is the responsibility of owners
and occupants of buildings and vacant lots to remove
snow, sleet and ice from public sidewalks abutting their
property within 24 hours after the storm has conclud-
ed.

Failure to comply with this ordinance may result in a
fine. Please remember that the final snow plow pass is
not made until after the storm has concluded.

Your cooperation in clearing sidewalks is an essential
safety measure for pedestrians using the sidewalks.

CHRISTMAS TREES

Tolland does not offer curb side pick up of Christmas
trees. However, Christmas trees may be dropped off at
Crandall's II, near the Lodge driveway, from December
26th through January 26th.

CT Auction House

CT Auction House, LLC
95 Hartford Turnpike Vernon CT 06066
860.858.1136 • www.ctauctionhouse.com

Come join the fun at CT Auction House, located in the former CT Golf Land in Vernon. Our auctions are held on the first and third Wednesday of every month at 7pm. Preview begins at 2pm. Available items include vintage and antique furniture, artwork, decorative items, costume jewelry, cameras and more. This state-of-the-art auction house represents a joint venture between area business partners David Bonadies, Scott Liscomb and Patrick Soucy. The opening of CT Auction House marks the first permanent auction house in Vernon CT and represents a new beginning for the long-vacant CT Golf Land & Games property.

“We anticipate that CT Auction House will become one of New England’s best buying destinations for customers in the market for antiques, collectibles, artwork, furniture and rare finds. Our auctions, which are open to the public, will have something for everyone,” said partner Scott Liscomb.

“CT Auction House is excited to offer our community a trusted outlet to have items evaluated and consigned. From high-end collectibles to clean, quality used furniture; we have designed our business to help individuals dealing with estates or those that are downsizing or moving,” said partner Patrick Soucy. “We can even help coordinate charitable donations or provide full broom clean service to help prepare your house for market,” continued Soucy.

“As a Vernon native and lifelong resident, I am thrilled that CT Auction House is in the former home of the Connecticut Golf Land & Games. To be able to breathe new life into this iconic property makes us very proud,” said partner David Bonadies.

CT Auction House is located on Route 30 just West of Exit 64, making it easily accessible from all points in New England. The public is welcome and encouraged to attend. Additional consignments are always being accepted; visit the auction house weekdays or call 860.858.1136 to make an appointment.

To preview items online, visit www.ctauctionhouse.com.

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